

## Why choose BlueCross

### ✓ Continuum of care

Our in home care and residential services with ageing in place allow for a smooth transition of care as needs change.

### ✓ Varying levels of care

We offer a range of care levels to suit your needs including permanent care, dementia care and respite.

### ✓ Person-centred approach

Our exceptional services are based on the person-centred care model, respecting and supporting residents' independence, dignity and choice.

### ✓ Focus on holistic wellbeing

We take a holistic view of physical, emotional, mental, spiritual and social wellbeing – and integrate all aspects of a person's wellbeing into their care plans and lifestyle activities to enable the best possible quality of life.

### ✓ Qualified, friendly and professional staff

Our attentive nurses, personal carers, lifestyle, hospitality, housekeeping and maintenance staff work together to ensure our residents' needs are attended to.

### ✓ Customer service

We provide support during the process of choosing and transitioning through aged care services and beyond.

## Top quality care and services offering peace of mind



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BlueCross  
**Ashby**  
Lower Templestowe



BlueCross  
community & residential services  
enriching *lives*

Stylish and comfortable BlueCross Ashby is set in Lower Templestowe, with views to the Yarra Ranges and peaceful suburban surrounds. This friendly and bright residence offers top quality permanent and respite care, with ageing in place, for 78 residents.

## about the residence

BlueCross Ashby features a large open plan lounge, which has a gas fireplace, flat screen televisions, comfortable sofas and armchairs and a piano for the residents' entertainment.

There are shared dining areas and several other comfortable lounge spaces and sitting rooms overlooking the surrounds, including a Japanese garden, for residents to enjoy.

The outdoor spaces are just as inviting, with a new paved terrace, expansive deck with adjacent cafe. There are two spacious courtyards, allowing the residents to enjoy the sun or relax in the shade while enjoying the fresh air.

BlueCross Ashby offers a choice of room types with 78 Standard, Superior and Deluxe rooms.

## an engaging lifestyle

BlueCross Ashby runs a comprehensive leisure and lifestyle program designed to promote wellbeing with a range of activities and therapies. Residents can enjoy activities such as art and craft, daily exercise programs, outings, gardening, musical entertainment and armchair travel.

Ashby hosts an exclusive Men's Group, with activities and social events tailored to meet the needs and interests of the male residents.

## hospitality services

At Ashby, you'll enjoy homemade and nutritious meals freshly prepared by our on-site chef, to ensure a healthy and satisfying diet is maintained.

Hairdressing services are provided in the on-site salon, plus podiatry and other allied health services are available as required.

BlueCross residences provide a high level of hotel services, with laundry, gardening, housekeeping, cleaning and maintenance all included.

## our quality care

At Ashby, we believe your care and wellbeing is our main priority. Led by our Residence Manager, our division one nurses are on hand, while our well-trained personal care attendants and residential services staff are attentive to your needs even as they change.

There is also a non-denominational pastoral care program available, which is aimed at promoting your spiritual, physical and emotional wellbeing.

At BlueCross, the way in which we deliver care is underpinned by our STARFish Principles. These principles create an environment where all our residents and staff are engaged and get the most out of life – irrespective of age.



enriching *lives*  
across Victoria